**ИИН-801107302701**

**Ватсап телефоны-87025901895**

**АБДИЖАМИЛОВ Сайдигани Механкулович,**

**№27 «Мәртөбе» атындағы жалпы орта білім беретін мектебінің ағылшын тілі пәні мұғалімі.**

**Шымкент қаласы**

**HEALTHY HABITS**

|  |  |
| --- | --- |
| **Learning objectives** | 7.4.3.1 understand the detail of an argument on a growing range of familiar general and curricular topics, including some extended texts;7.3.7.1 use appropriate subject-specific vocabulary and syntax to talk about a growing range of general topics, and some curricular topics. |
| **Lesson objectives** | Learners will be able to:-find from the text appropriate information;-provide some information about healthy habits. |
| **Assessment criteria** | -Recognise the detail in a given argument relating to the topic;- Apply topic related vocabulary in speech appropriately arrangingwords and phrases into well-formed sentences. |
| **Level of thinking skills** | Knowledge and comprehensionApplication |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Stages/Time | Teachers actions | Students actions | Assessment | Resources |
| Beginning5 min. | **Greeting/warm up**T: greets learners.**Key questions for organization moment**Good morningHow are you?What is the weather like today?What is the months now?Is it winter now?What do you usually do in order to keep healthy lifestyle?**Warm up.“Brainstorming” activity**Teacher asks questions to make brainstorm the new theme.What type of lifestyle do youcurrently have healthy or unhealthy?**2.**How important is sport/exercising for you?**3.**What does the word “health” mean?Teacher announces the learning objectives and assessment criteria which pupils will have to meet at the and of the lesson. | Students answer the teacher`s questions actively | OralFeedback | Used questions were created by teacher |
| Main partPre reading task5 min. | **(G) «T table» activity**Teacher divides the students into 2 groups and gives them worksheets.Students write healthy and unhealthy habits in the columnsHealthy habits Unhealthy habits | Students write healthy habits and unhealthy habits | Group assessment | Cards |
| do exerciseeat fruitfooddrink waterGetting Enough Sleep* Move your body.
* Eat healthy food.
* Always eat breakfast.
 | SmokingAlcoholBeing lateLyingEat junk foodBlamingComplainingEating poorly |
| While reading taskReading the textDoing the task10 min. | **Extensive reading. Scanning strategy (I)«True or False» activity.**Students read the text (Appendix 1) and identify true and false statements* Our health depends on only 3 things: our physical activity, the food we eat and our good and bad habits. (F)
* Walking, swimming and jogging exercises are the best. (T)
* You should make it a habit for yourself to cook homemade meals using organic food (T)

**Differentiation by support:**Less able learners are provided with gap filling exercise:1. People's health also influences their \_\_.
2. The cheapest and most popular sport is \_\_\_.
3. Also it's very important to get rid of \_\_\_ habits.
4. Health is better than \_\_.
5. Fast food is \_\_.
 | Students read the text and identify true false sentences**Descriptor:**A learner:- reads the text;- identifies true false statements | Leaners get one point every correct answer | https://englishinn.ru/ |
| Post reading6 min. | **(G) "Discussion" activity.**Teacher writes the quote on the board and asks about the meaning."A healthy outside starts from inside"Discuss the given saying and prove it with the group. | Students discuss the given saying, prove it with the group. | Oral feedback |  |
| Pre speaking task5 min. | **(W) “Answer the questions” activity**Teacher asks the questions according to the topic. Students discuss and share with their ideas.1. What do you do to stay healthy?
2. What is the secret of living long?
 | Students answer the questions.By this activity students are ready for speaking task |  |  |
| Speaking task10 min. | **(P) “ Interview” activity.**Students make an interview between a nutritionist and a reporter. Student make questions and interview each other. | Students make a dialogue according to the topic**Differentiation by support:**less able students provided by navigator questions (Appendix 2)**Descriptor:**A learner:-makes up questions;-answers the questions. | Oral feedback |  |
| Conclusion4 min. | **Reflection.** Teacher give feedback to the students.-You have worked very hard this lesson.-You are doing well in most subjects, but you could improve your grades by paying more attention in class and completing all your homework. |  | Teacher assesses students by praising with good comments on the results. |  |